

Helpful resources for families in lockdown

Are you looking for high-quality media options to support your child's early learning and emotional wellbeing during lockdown?

Here are some recommended video and audio options from the Australian Broadcasting Corporation (ABC).

Click on the hyperlinks to watch or listen.

Tune into [ABC Kids listen](#) for entertaining and educational audio programs.

Visit the [FREE app](#) for collections encouraging **PLAY, MOVEMENT, DISCOVERY, RELAXATION** and **REST**.



Play School collection

For children 2 to 6 years
Australia's most trusted children's TV show
informed by early childhood education experts.



Learn collection

For children 4 to 6 years
Supporting early literacy and numeracy development.



Calm Kids collection

For children 3 to 6 years
Supporting emotional wellbeing.



Get Moving collection

For children 2 to 6 years
Encouraging physical movement and exercise.

