

ONLINE TRAINING

Dr Kaylene Henderson is a medically trained Child and Adolescent Psychiatrist, one of Australia's leading parenting experts and a trusted training provider for teachers and educators working with young children.

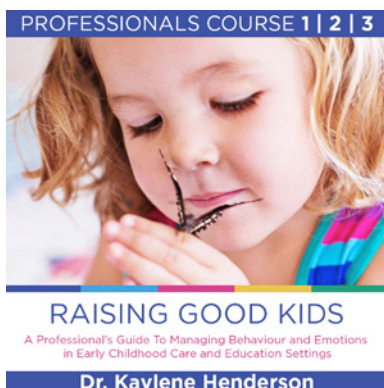
Thanks to her warm and relatable style and her ability to 'translate' research into practical advice, Kaylene is a sought-after speaker at conferences and seminars around Australia.

On her website, Kaylene has created a range of online courses, masterclasses and webinars, ensuring that you can access helpful, expert advice in the way that best suits you. Flexibly delivered and filled with practical tips, these highly regarded training offerings are detailed below.

You can register as an individual or group by heading to www.drkaylenehenderson.com



ONLINE COURSE



Raising Good Kids: Managing Behaviour and Emotions in Early Childhood Care and Education Settings

One of the biggest challenges faced by those working in early childhood care and education services is managing the behaviour and emotions of young children.

"How do I respond to a toddler's emotional meltdowns?"

"What's the best way to help young children who struggle with separation anxiety?"

"What is the best way for me to discipline a child who is not my own, yet is in my care?"

If you would like to update your skills and gain greater confidence in managing young children's behaviour and emotions, this acclaimed, online self-paced course is for you.

MINI-MASTEERCLASSES

Masterclass 1: A Practical How-To-Guide to Parent Engagement

This engaging new masterclass has been developed for early years educators and primary school teachers by Child Psychiatrist and trusted parenting expert, Dr Kaylene Henderson. You will gain a deeper understanding of your parent community and explore practical ways to involve and engage them in their children's learning. You will also learn expert tips for negotiating difficult conversations with parents and fostering a sense of teamwork with parents.

Masterclass 2: Practical Sensory Strategies for Children with Autism Spectrum Disorder and/or Sensory Processing Difficulties

In this engaging and highly practical new masterclass, you will learn all about sensory processing and the challenges faced by some of the children you work with. What does 'sensory processing' mean? How do sensory processing difficulties present in early learning centres and primary school settings? And what practical strategies can you use to ensure children stay regulated and engaged in their learning? This is a not-to-be-missed session for all early years educators and primary school teachers wishing to bring out the best in the children they work with.



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WEBINARS

Webinar 1: Teaching Young Children To Identify and Manage Their Feelings in Early Education and Care Settings

In this informative and engaging session, adapted from the acclaimed 'Raising Good Kids' online course series and presented by Dr Kaylene Henderson, you will learn how to promote early emotional literacy among the children in your care. You will also learn about how children develop the capacity to regulate their feelings and how best to promote this development. Importantly, you will also learn the most effective approach to take when children are feeling upset, experiencing separation distress or experiencing a 'meltdown'. Don't miss this practical session for educators working with 0-5's.



Webinar 2: Promoting Attachment Security, Fostering Wellbeing and Enhancing Developmental Outcomes in ECEC Settings

In this informative session presented by Dr Kaylene Henderson, we explore children's needs within their relationships and interactions with us. In particular, you will learn ways to interact with children to promote a secure attachment style. While we know that a secure attachment style promotes best outcomes for children, how commonly does this occur? How can we better support children and also their parents in order to promote this? Finally, building on this foundation, we will look at other factors that influence children's development and at how you can best teach and support children within ECEC settings to enhance their developmental outcomes.



Webinar 3: Understanding Anxiety and Emotional Resilience

Join trusted Child Psychiatrist Dr Kaylene Henderson as she teaches you all you need to know about anxiety in young children. Learn about how and why anxiety presents in children, when to 'worry about worry' and how you can help the children in your care. Learn practical skills and strategies for helping children and parents manage separation anxiety and ways to foster greater resilience and enhanced school readiness. This is a not-to-be-missed session!



Webinar 4: Understanding the impact of childhood trauma and helping children heal

Sadly, many children in care and education settings have experienced early childhood trauma. The impact of this can be widely felt, yet there is little guidance for educators on how they can help.

Join trusted Child Psychiatrist Dr Kaylene Henderson as she covers this important topic. Learn about the impact of trauma on the developing brain, the ways in which this might present in your service and practical ways in which you can help both children and their families. There is so much you can do to help in your important roles – Don't miss this important learning opportunity.



Webinar 5: Challenging behaviours in young children

One of the most challenging aspects of an educator's role is managing children's behaviours.

What is reasonable to expect of educators? Which strategies are supported by research? Is there a magic one-size-fits-all approach to discipline?

Join trusted Child Psychiatrist Dr Kaylene Henderson as she addresses the important topic of challenging behaviours in young children. Feel more confident in your important role knowing that you are guiding children in ways that really benefit them (while making your job easier too!). This is a helpful and highly practical session, not to be missed.



For further information and to register, visit www.drkaylenehenderson.com

