

# ONLINE TRAINING

Dr Kaylene Henderson is a medically trained Child and Adolescent Psychiatrist, one of Australia's leading parenting experts and a trusted training provider for teachers and educators working with young children.

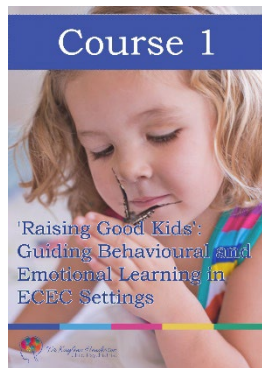
Thanks to her warm and relatable style and her ability to 'translate' research into practical advice, Kaylene is a sought-after speaker at conferences and seminars around Australia.

On her website, Kaylene has created a range of online courses, masterclasses and webinars, ensuring that you can access helpful, expert advice in the way that best suits you. Flexibly delivered and filled with practical tips, these highly regarded training offerings are detailed below.

You can register as an individual or group by heading to [www.drkaylenehenderson.com](http://www.drkaylenehenderson.com)



## ONLINE COURSES



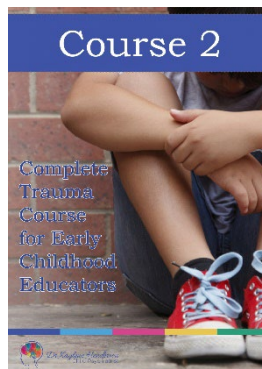
### Course 1: 'RAISING GOOD KIDS' Guiding Behavioural and Emotional Learning in Early Childhood Care and Education Settings (Updated 2023)

One of the biggest challenges faced by those working in early childhood care and education services is guiding the behaviour and emotions of young children.

*"How do I respond to a toddler's emotional meltdowns?"*

*"What's the best way to help young children who struggle with separation anxiety?" "What is the best way for me to discipline a child who is not my own, yet is in my care?"*

If you would like to update your skills and gain greater confidence in managing young children's behaviour and emotions, this acclaimed, online self-paced course is for you.



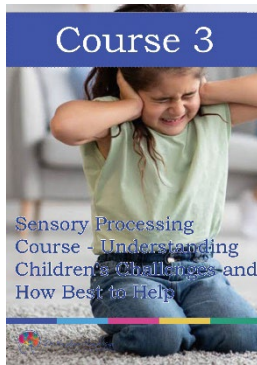
### Course 2: Complete Trauma Course for Early Childhood Educators

Sadly, many children in early education settings have experienced relational trauma. The impact of this can be widely felt, yet there is little guidance for educators on how they can help.

Introducing Child Psychiatrist Dr Kaylene Henderson's complete trauma course in which you can explore this topic in depth and discover the many practical ways in which you can aid children's healing.



# ONLINE TRAINING



## Course 3: Sensory Processing Course – Understanding Children’s Challenges and How Best to Help

In this engaging and highly practical course you will learn all about sensory processing and the challenges faced by some of the children you work with.

***What does ‘sensory processing’ mean?***

***How do sensory processing difficulties present in early learning centres and primary school settings?***

***And what practical strategies can you use to ensure children stay regulated and engaged in their learning?***

This 5-module video-based course allows you to explore these topics in depth, while also providing you with access to detailed resources and case study discussions, and, in turn, confidence to put your new knowledge into practice.

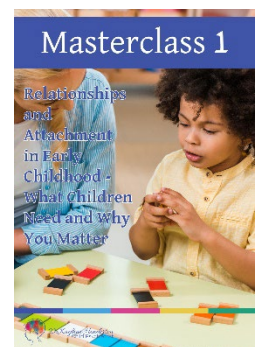
## MASTEERCLASSES

### Masterclass 1: Relationships and Attachment in Early Childhood – What Children Need and Why You Matter

Research tells us that children who form secure attachment relationships in their early years gain a range of important benefits that last with them throughout their lives. But how do we ensure this critical foundation for children? How can we help those children whose attachment styles are not secure? And how might our own childhood experiences influence our relationships with children and families?

In this engaging new masterclass, presented by Dr Kaylene Henderson, you will gain a deeper understanding of children’s attachment needs and of the influence of our own attachment patterns as we strive to build strong foundations for children’s learning and developmental outcomes. This is a highly practical masterclass in which you will gain confidence in better supporting the needs of children, parents and team-members.

Don’t miss this important session for educators and teachers working with 0-6’s.

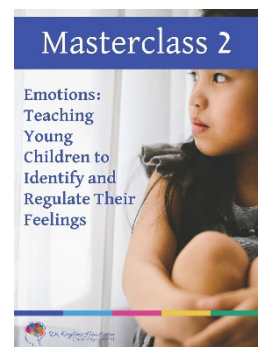


### Masterclass 2: Emotions: Teaching Young Children to Identify and Regulate Their Feelings

In this informative and engaging masterclass you will learn how to promote early emotional literacy among the children in your care. You will also gain a greater understanding of the development of emotional regulation skills in children and of practical strategies you can use as you promote this healthy development.

Importantly, you will also gain greater confidence in responding to children’s upsets, including their separation distress and ‘meltdowns’.

Don’t miss this practical session for early years educators and teachers working with 0-6’s.



# ONLINE TRAINING

## Masterclass 3: Challenging Behaviours in Young Children

One of the most challenging aspects of an educator's role is knowing how best to respond to children's behaviours. What is reasonable to expect of educators? Should educators be disciplining children? And if so, which strategies are most appropriate in guiding children's behavioural learning? Join trusted Child Psychiatrist Dr Kaylene Henderson in this engaging masterclass for educators and early years teachers as she addresses the important topic of challenging behaviours in young children. Feel more confident in your important role knowing that you are guiding children in ways that really benefit them (while making your job easier too!). This is a helpful and highly practical session that you can watch (and rewatch!) as often as you need to.

## Masterclass 4: Understanding the Impact of Childhood Trauma and Helping Children Heal

Sadly, many children in early education settings have experienced relational trauma. The impact of this can be widely felt, yet there is little guidance for educators on how they can help.

Join trusted Child Psychiatrist Dr Kaylene Henderson as she covers this important topic. Learn about the impact of trauma on the developing brain, the ways in which trauma might present in your centre context and practical ways in which you can help children heal. There is so much you can do to help in your important role. Don't miss this important learning opportunity for educators and teachers working with 0-8's.

## Masterclass 6: A Practical How-To-Guide to Parent Engagement

Research tells us that parent engagement improves children's academic outcomes and enhances their social and emotional wellbeing, but what does this mean and what can educators and teachers do to make it happen?

This engaging masterclass has been developed for early years educators and primary school teachers. You will gain a deeper understanding of your parent community and explore practical ways to involve and engage them in their children's learning. You will also learn expert tips for negotiating difficult conversations with parents and fostering a sense of teamwork with parents.

Don't miss this practical session for educational professionals working with 0-12's.

## Masterclass 7: Infants and Toddlers: Meeting Their Attachment, Social-Emotional and Behavioural Learning Needs in ECEC Settings

This brand-new masterclass has been specifically developed for Early Childhood Educators wishing to or currently working with children aged 0-3.

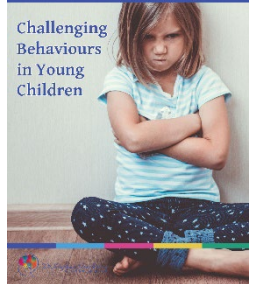
Join Dr Kaylene Henderson, Child Psychiatrist and member of the Australian Association for Infant Health, as she explores the topics of early attachment and development, along with practical tips for applying these important principles with our youngest learners.

Discover early brain development in the critical first three years; Learn about attachment theory, 'serve-and-return' interactions and practical ways to respond to the emotional needs of infants and toddlers. And finally, explore practical tips for promoting language, emotional and behavioural learning within nursery and toddler room settings.

These first few years are critical for building healthy foundations for lifelong wellbeing, development and learning. Given the importance of this early life stage, it is vital that our infants and toddlers in early years centres receive high quality care, provided by dedicated and informed educators, like you. Register now and receive ongoing access to this invaluable resource.

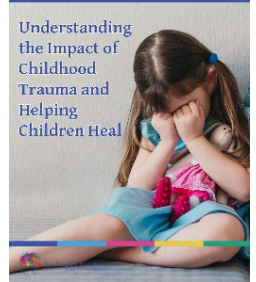
### Masterclass 3

Challenging Behaviours in Young Children



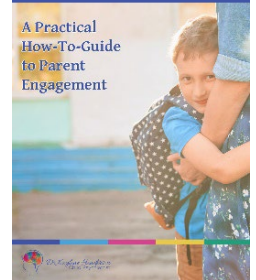
### Masterclass 4

Understanding the Impact of Childhood Trauma and Helping Children Heal



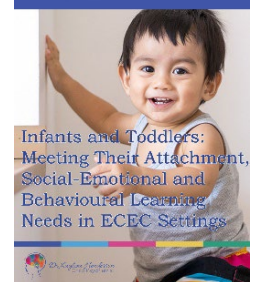
### Masterclass 6

A Practical How-To-Guide to Parent Engagement



### Masterclass 7

Infants and Toddlers: Meeting Their Attachment, Social-Emotional and Behavioural Learning Needs in ECEC Settings

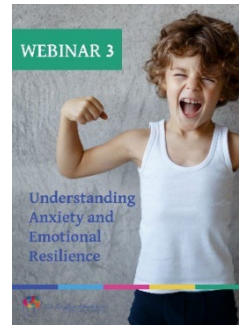


# ONLINE TRAINING

WEBINAR

## Webinar 3: Understanding Anxiety and Emotional Resilience

Join trusted Child Psychiatrist Dr Kaylene Henderson as she teaches you all you need to know about anxiety in young children. Learn about how and why anxiety presents in children, when to 'worry about worry' and how you can help the children in your care. Learn practical skills and strategies for helping children and parents manage separation anxiety and ways to foster greater resilience and enhanced school readiness. This is a not-to-be-missed session!



IN SERVICE PACKS AND CENTRE RESOURCES

## IN SERVICE PACKS

Dr Kaylene Henderson will soon be providing specialised inservice packs for early years services.

These will include videos, printable handouts and suggested discussion points on the following topics:

- Speech and language development
- Handling transitions and separations
- Connecting with children
- Building independence
- Supporting children through disasters, grief and change

## CENTRE RESOURCES

Dr Kaylene Henderson will also be providing a sought-after, expert delivered resource pack, on the topic of:

- Responding to critical incidents

This highly-regarded pack contains both video-based and written resources to support your educator teams and parent communities following incidents and accidents.

**For further information and to register, visit [www.drkaylenehenderson.com](http://www.drkaylenehenderson.com)**

