

Early Years Webinars

For parents, educators and all who live, love and work with 0-5 year old children



Navigating childcare - Tips for choosing a service and preparing children for a settled transition

Discover practical tips to help little ones who are new to their early learning service plus tips for those who are set to transition between rooms.

19th March 2025

Time: 6.30-7.45pm Qld time/7.30-8.45pm DST
Includes time for Q&A

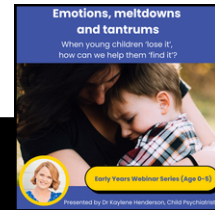


Tips on the kinds of interactions and responses that bring out the best in children

Learn practical tips to encourage that ideal balance between independence and closeness, that sets the scene for children to thrive.

30th April 2025

Time: 7.30-8.45pm
Includes time for Q&A



Emotions, meltdowns and tantrums - When kids 'lose it', how do we help them 'find it'?

Learn how children develop the skills to calm themselves down, how you can guide this healthy development and the best responses to those inevitable meltdowns and tantrums along the way.

21st May 2025

Time: 7.30-8.45pm
Includes time for Q&A

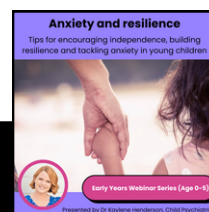


The do's and don'ts of discipline - Research-based, practical tips to bring out the best in young children

This is the webinar we all wished existed AGES ago! Learn the difference between discipline, punishment and consequences and the kinds of responses that really work.

18th June 2025

Time: 7.30-8.45pm
(includes time for Q&A)



Tips for building resilience, encouraging independence and tackling anxiety in young children

There is so much we can do to build up children's resilience and to teach healthy approaches to anxiety. Discover expert tips to promote greater calmness, confidence and courage.

23rd July 2025

Time: 7.30-8.45pm
(includes time for Q&A)



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School Readiness - Tips for ensuring a well-timed, settled and successful start to school

Learn about the factors that matter as you make this big decision, along with advice to ensure a smooth, settled start to 'big school'

20th August 2025

Time: 7.30-8.45pm
(includes time for Q&A)



Raising Terrific Toddlers - How to tackle those tricky tasks, encourage cooperation and navigate new arrivals

Tips for toilet training, picky eating, responding to their growing need for independence, encouraging cooperative behaviour and bonding with new baby siblings they might meet along the way

17th September 2025

Time: 7.30-8.45pm
(includes time for Q&A)



"What's normal anyway?" - Understanding and responding to variations in development, speech and sensory sensitivities

Discover how various skills develop in children, what to look for, when to feel reassured, when to seek further support and how to help.

15th October 2025

Time: 7.30-8.45pm
(includes time for Q&A)

Register here:

<https://drkaylenehenderson.com/events/>

Or get in touch to request an invoice or group registration discount



Dr Kaylene Henderson is a highly trained Child & Adolescent Psychiatrist, Member of the Australian Association for Infant Mental Health and long-time trusted training provider for the Early Childhood Education and Care sector.

Known for her ability to 'translate' research into practical strategies, along with her warm and relatable style, Dr Kaylene's brand new webinar series for all who live, love and work with 0-5's is not to be missed.



Dr Kaylene Henderson
Child Psychiatrist

www.DrKayleneHenderson.com