

Primary Years Webinars

For parents, teachers and all who
live, love and work with 5-12 year old children

Parents, carers, teachers (in fact everyone from your school community!) are invited to attend these three webinars, presented by trusted Child Psychiatrist and parenting specialist, Dr Kaylene Henderson.

These events provide a fantastic opportunity to learn together as a team. With a shared understanding and consistency in approach across our homes and school, we can truly bring out the best in our wonderful children.



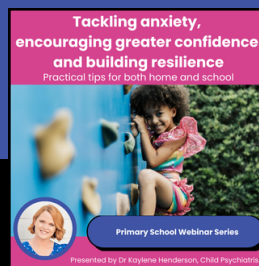
This webinar will focus on tips for building secure foundations so that our children can thrive.

Learn tips for navigating their big emotions along with advice for finding that tricky, ideal balance - encouraging independence while fostering closeness.

Term 2:

4 June 2025

Online 6.30-7.45pm (AEST)
Includes time for Q&A



In this second webinar, we'll learn all about anxiety and resilience building.

Learn expert advice on how we can guide our children through life's anxious moments, the difference between 'typical' and problematic anxiety, and when to seek help.

Term 3:

27 August 2025

Online 6.30-7.45pm (AEST)
Includes time for Q&A



In this third webinar, hear expert advice for responding to children's behaviours, tips for helping them navigate friendship challenges, and come away with a shared understanding of neurodivergence, sensory challenges and more...

Term 4:

29th October 2025

Online 6.30-7.45pm (AEST)
Includes time for Q&A

This valuable webinar series is free for schools who have signed up to Team Courage: CourageCoachingOnline/for-schools/ Individuals are also welcome and can register by visiting: DrKayleneHenderson.com/Events



Dr Kaylene Henderson (MBBS FRANZCP Cert C&A Psych) is a highly trained Child & Adolescent Psychiatrist, one of Australia's most trusted parenting experts and a grateful mother of three. Long-respected for her support of educators and parents of 0-12's, and her ability to 'translate' research into practical approaches, Dr Kaylene is equally admired for her warmth, humour and relatable style.

www.DrKayleneHenderson.com