TEAM COURAGE
School Community Webinars

As a Team Courage school, all parents, carers and teachers from our school community are invited to attend these three live webinars, presented by trusted Child Psychiatrist and parenting specialist, Dr Kaylene Henderson.

These events provide us with a fantastic opportunity to learn together as a team. With a shared understanding and consistent approach across our homes and school, we can truly bring out the best in your wonderful children.

Please mark these dates in your calendars now.
Webinar links will be sent out in the lead-up to these evening events.

Our first webinar together will focus on building secure foundations so that our children can thrive.

We'll learn tips for navigating their big emotions along with advice for finding that tricky balance - encouraging independence while fostering closeness.

Term 2:
10th June 2026
Online 7pm - 8pm

In our second webinar together, we'll learn all about anxiety and resilience building.

We'll hear expert advice on how we can guide children through life's anxious moments, the difference between 'typical' and problematic anxiety, and when to seek help.

Term 3:
19 August 2026
Online 7pm - 8pm

In our third webinar together, we'll come away with a shared understanding of neurodivergence and of sensory challenges. Dr Kaylene will also share a valuable tip for how we can avoid power struggles with our kids.

Term 4:
21st October 2026
Online 7pm - 8pm

Dr Kaylene Henderson (MBBS FRANZCP Cert C&A Psych) is a highly trained Child & Adolescent Psychiatrist, one of Australia's most trusted parenting experts and a grateful mother of three. Long-respected for her support of all who love, live and work with our 0-12's, along with her ability to 'translate' research into practical approaches, Dr Kaylene is equally admired for her warmth, humour and relatable style. We are thrilled to have her support and proud for our school to be a member of 'Team Courage'.

www.DrKayleneHenderson.com